

superfood shakes

\$10 - 16 OZ.



THE GREENIE

kale, cucumber, spinach, pineapple, aloe juice, hemp, ginger, lime, mint



LIQUID SUNSHINE

pineapple, mango, coconut water, fresh OJ, camu camu, goji berry, cayenne



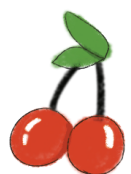
STAY GOLDEN

mango, fresh carrot + orange juice, lemon, Golde™ Turmeric Blend, Goji berry, chia



BAD + BUCHA

raspberry, strawberry, kombucha, cashews, tocos, acai, honey



ROOT RECOVERY

cacao, beet, tart cherry, almond milk, almond butter, maca



PEACHES + CREAM

peaches, oats, fresh ginger, vanilla, cinnamon, almond milk, dates



BERRY BLISS

blueberry, pineapple, almond milk, almond butter, lemon, mint, maca

boost it!

\$3

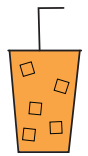
Sprout Living plant protein

Vital Protiens collagen

Grön CBD (10MG)



superfood sips



ICED GOLDE™ LATTE

Golde™ turmeric blend,
almond ^{OR} coconut milk

16 oz | \$7



ICED MATCHA LATTE

premium matcha, almond
^{OR} coconut milk, stevia ^{OR}

honey 16 oz | \$7



ICED NITRO LATTE

Riverboat nitro coffee,
maca, tocos, dates,
almond milk, vanilla

16 oz | \$7



BODY SHOTTE

fresh OJ, fresh ginger,
lemon, cayenne, oil of
oregano, turmeric, black
pepper 2.5oz | \$3

on tap

\$5

Big Easy Bucha
Kombucha

\$5

Riverboat Nitro
Cold Brew

